



Parc Cenedlaethol Arfordir Penfro  
Pembroke Coast National Park



# CASE STUDY

## SEA LEGS 2

### ABOUT

Sea Legs 2 aim to make sailing experiences accessible to a wider group of adults and children with disabilities." Sea Legs 2 is a non-profit association and relies on support from volunteers, local businesses and other organisations.

### WHY was it important to make Sea Legs 2 inclusive?

Dr Dawn Pickering, and her husband Jim were regular visitors to Pembrokehire before moving here a few years ago. Dawn and Jim, alongside the crew of the original 'Sea Legs' catamaran, decided to form Sea Legs 2 as a new venture. Dawn is University researcher and has conducted research on inclusion with disabled children, which has led her to advocacy. Sea Legs 2 was a way for them to bring their passions together to do something tangible.

### HOW did you achieve that and overcome challenges?

Sea Legs 2 have two boats – Pinafore and Verity K (on loan from the Disabled Sailors' Association). One boat has a lift to the cockpit and a ramp. They are a not-for-profit association and rely on membership, donations and support of local businesses like Dale Sailing, Neyland Marina and Castle Printwear.



### WHAT outcomes have you seen? Do you have any future plans?

In 2023 they took 73 guests sailing – people with disabilities, carers and parents.

They would like to upskill our volunteers with more training, and purchase a portable ramp, all so they can take more people with a range of disabilities sailing!

### TOP TIP

You can become more inclusive by training staff to become more confident with people with disabilities. Attitudes can be a barrier, as well fear of doing or saying the wrong thing

To find out more about becoming a more inclusive and accessible business, contact the Open to All team at [opentoall@visitpembrokeshire.com](mailto:opentoall@visitpembrokeshire.com)