



Gofal perygl o gael
eich torri i fwrdd
gan y llanw
Beware danger
of being cut off by tides

Dim cŵn ar y Traeth
1 Mai – 30 Medi



No dogs on beach
1 May – 30 Sept



Traeth Poppit Poppit Sands

Mynediad i'r traeth i bobl anabl
Disabled access
to beach

Gofal
ceryntau cryf
dim nofio
Caution
strong currents
no swimming

Twyni tywod
Sand dunes

Gorsaf Achub Bywyd
Lifeguard Station

Twyni tywod
Sand dunes





Mae gormod o draed yn difetha'r twyni.
CADWCH AT Y LLWYBRAU
Too many feet damage dunes.
KEEP TO THE PATHS



Twyni tywod
Sand dunes

Ardal gorsiog
Marshy area

-  *Dim Cŵn*
No Dogs
-  *Ardal Patrol Achubwr Bywydau*
Lifeguard Patrol Area
-  *Bwi achub*
Lifebuoy
-  *Cymorth Cyntaf*
First Aid
-  *Man Ailgylchu*
Recycling Point
-  *Man Samplo Dŵr*
Water Sample Point
-  *Terfynau Dyfarniadau Traethau*
Beach Award Limits

Cŵn ar dennyn ar bromenadau a
meysydd parcio 1 Mai – 30 Medi
Dogs on lead on promenade
& car parks 1 May – 30 Sept



I Aberteifi
To Cardigan